



VOLUNTEER MENTOR FOR YOUTH

PROGRAM DESCRIPTION

GOAL	To help a young person succeed at home, in school/the community and become a contributing member of society as well as a healthy adult.
DUTIES AND RESPONSIBILITIES	<ul style="list-style-type: none"> • Minimum of one year commitment. • Meet weekly for at least one hour. • Provide support, guidance, friendship, affirmation and positive examples through listening, caring, clarifying goals, assisting in problem solving, bringing out individual strengths and talents and tutoring. • Contact FACETS' Program Coordinator with question or concerns. • Complete Monthly Mentor Report and submit to Program Coordinator (report should detail potential areas of concern, resources needed for mentor to assist mentee in working toward and accomplishing his/her goals and an assessment of the strengths and weaknesses of the mentor/mentee match).
SAMPLE ACTIVITIES	<ul style="list-style-type: none"> • Assist with homework and educational projects. • Attend community activities or outings.
QUALIFICATIONS	<ul style="list-style-type: none"> • At least 21 years of age. • Vehicle, valid driver's license, auto insurance and acceptable driving record (no more than 2 moving traffic violations in one year). • Genuine interest helping people • Flexibility and openness to different points of view. • Patience and ability to measure success in small steps. • Effective communication skills. • Dependability and consistency in meeting as scheduled. • Ability to see solutions and opportunities as well as obstacles. • Ability to provide encouragement and be supportive. • Respect for individuals' right to make their own choices. • Commitment to keeping interaction and communication with mentee confidential unless doing so poses a threat to mentee or another person. • Willingness to set personal boundaries with nature and degree of involvement in mentee's life.
TIME COMMITMENT	Mentors are asked to make a <i>minimum</i> of a one year commitment; 1 hour/week, or 4 – 5 hours/month
SCHEDULING	At discretion of volunteer and mentee or at specified times. One night per week and after school activities
TRAINING REQUIRED	<ul style="list-style-type: none"> • Attend general Volunteer Orientation • Initial meeting with Program Coordinator prior to match with mentee to exchange mentee's basic identifying information. • Secondary introductory meeting with Program Coordinator and mentee at agreed upon date, time and location. Agreement to be signed and responsibilities and expectations of mentor and mentee are discussed. • Attend one Mentor 101 training through the Fairfax Mentoring Partnership. • Attendance at periodic mentor support meetings and trainings to share ideas, discuss concerns and continue education.
LOCATION(S)	<u>Barros Circle (Centerville)</u> <u>Ragan Oaks (near Fair Oaks mall)</u> <u>Robinson Square (Fairfax City)</u> <u>Wedgewood (Annandale)</u> Various sites in Fairfax County for Singles or Families' programs

BENEFITS OF BEING A MENTOR	<ul style="list-style-type: none">• Satisfaction of aiding an adolescent or teenager mature.• Feelings of pride in seeing an adolescent or teenager identify, work toward and accomplish goals.• Improved listening and communication skills.• Better self-understanding and understanding of adolescents and teenagers.• Feeling of being useful and making a difference in the life of another person.• Fulfillment of giving to one's community as a volunteer.
TERMINATION OF ASSIGNMENT	Termination will occur if the Mentor behaves in any way that contradicts the Mentor rights and responsibilities.
PROGRAM CONTACT	Volunteer Manager – 703-865-4251



VOLUNTEER MENTOR FOR ADULTS

PROGRAM DESCRIPTION

<p>GOAL</p>	<p>To provide support and guidance for adults. Areas of support may include education and assistance with job retention and development, budgeting, parenting, transportation, housing concerns, acculturation issues, and personal development.</p>
<p>DUTIES AND RESPONSIBILITIES</p>	<ul style="list-style-type: none"> • Minimum of one year commitment. • Meet weekly or biweekly for at least one hour. • Provide support via phone calls, visits, referrals, etc. • Contact FACETS' Program Coordinator with questions or concerns. • Assist in establishing goals and strategies for achieving goals. • Complete Monthly Mentor Report and submit to Program Coordinator (report should detail potential areas of concern, resources needed for mentor to assist mentee in working toward and accomplishing his/her goals and an assessment of the strengths and weaknesses of the mentor/mentee match).
<p>SAMPLE ACTIVITIES</p>	<ul style="list-style-type: none"> • Assist in creation of resume, job search, and interview process. • Help create monthly budget. • Transport client to appointments or interviews. • Attend community activities or outings • Engage in social activities
<p>QUALIFICATIONS</p>	<ul style="list-style-type: none"> • At least 21 years of age. • Vehicle, valid driver's license, auto insurance and acceptable driving record (no more than 2 moving traffic violations in one year). • Genuine interest in helping people • Flexibility and openness to different points of view. • Patience and willing to measure success in small steps. • Effective communication skills. • Dependability and consistency in meeting as scheduled • Ability to see solutions and opportunities as well as obstacles. • Ability to provide encouragement and be supportive. • Respect for individuals' right to make their own choices. • Commitment to keeping interaction and communication with mentee confidential unless doing so poses a threat to mentee or another person. • Willingness to set personal boundaries with nature and degree of involvement in mentee's life.
<p>TIME COMMITMENT</p>	<p>Mentors are asked to make a <i>minimum</i> of a one year commitment; 3 year commitment preferred. 1 hour/ week, or 4 - 5 hours/month</p>
<p>SCHEDULING</p>	<p>At discretion of volunteer and mentee or at specified times</p>
<p>TRAINING REQUIRED</p>	<ul style="list-style-type: none"> • Attend general Volunteer Orientation • Initial meeting with Program Coordinator prior to match with mentee to exchange mentee's basic identifying information. • Secondary introductory meeting with Program Coordinator and mentee at agreed upon date, time and location. Agreement to be signed and responsibilities and expectations of mentor and mentee are discussed. • Attend one Mentor 101 training through the Fairfax Mentoring Partnership. • Attendance at periodic mentor support meetings and trainings to share ideas, discuss concerns and continue education.

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BENEFITS OF BEING A MENTOR	<ul style="list-style-type: none"> • Satisfaction of helping an adult become more self- sufficient. • Feelings of pride in seeing an adult identify, work toward, and accomplish goals. • Improved listening and communication skills. • Better self-understanding and understanding of other people. • Feeling of being useful and making a difference in the life of another person. • Fulfillment of giving to one's community as a volunteer.
TERMINATION OF ASSIGNMENT	Termination will occur if the Mentor behaves in any way that contradicts the Mentor rights and responsibilities.
PROGRAM CONTACT	Volunteer Manager – 703-865-4251